

Hartford Elementary News

THE TROJAN READING BOWL

We had a great night at the Trojan Reading Bowl! Thanks for bringing your child to this WC tradition!

Enjoy the pictures!



October Events

- Tuesday, Oct. 2 - Bookmobile
- Tuesday, Oct. 2 - PTA Meeting
- Wednesday, Oct. 3 - National Walk & Bike to School Day!
- Monday, Oct. 8 - No School
- Monday, Oct. 8 - School Board Meeting @ 5:30
- Wednesday, Oct. 10 - Fire Prevention for 1st & 2nd grade
- Friday, Oct. 19 - End of 1st Quarter
- Tuesday, Oct. 23 - Picture Retake Day
- Tuesday, Oct. 23 - Health Screenings for 1st & 2nd Grade
- Tuesday, Oct. 23 - Bookmobile
- Tuesday, Oct. 23 - Tyler Tuesday
- Friday, Oct. 26 - Trojan Buck Store
- Wednesday, Oct. 31 - Fall Festival Classroom Parties @ 2:15

THE SEPTEMBER BIRTHDAY BASH

The September Birthday Bash was held on Friday, September 28th. Mrs. Tyler read the book, Happy Birthday to You! by Dr. Seuss. Each child received a pencil, a birthday card, a Trojan Buck, and a fruit snack. Happy birthday to all the September birthdays!



September Kindergarten Birthdays

Domanique (9-20), Lillian (9-19), Cooper (9-29), and Nathan (9-11)



September First Grade Birthdays

Back Row: Ellie (9-8), Oriya (9-29), Tyler (9-16), and Josiah (9-2)
Front Row: Matthew (9-16), Anthony (9-24), Logan (9-26), and Ethan (9-7)



TYLER TUESDAY

Tuesday, October 23rd

For all October Birthdays!

Call Pam @ 528-3215 to register!

September Second Grade Birthdays

Back Row: Camille (9-13), Chase (9-11), Abby (9-9), Aaron (9-2) and Riley (9-25)
Front Row: Mya (9-4), Alyssa (9-6), Autumn (9-13), and Briana (9-15)



Nurse's Notes by Rachel Sehr, School Nurse

When it comes to the flu season, getting vaccinated is important not only for your personal protection but for the protection of the community as well. Getting vaccinated plays into the herd theory, which describes a form of immunity that occurs when the vaccination of a significant portion of a population (or herd) provides a measure of protection for individuals who have not developed immunity. Herd theory proposes that, in contagious diseases that are transmitted from individual to individual, chains of infection are likely to be disrupted when large numbers of a population are immune or less susceptible to the disease. The greater the proportion of individuals who are resistant, the smaller the probability that a susceptible individual will come into contact with an infectious individual. This is especially true when it comes to our school. The school is a place where germs can be very quickly and easily spread and that is why we are recommending everyone receive the flu vaccine.

West Central, in combination with the state of South Dakota, will be providing flu vaccines for all students, at no charge to the parents. Each child will be given information regarding the flu shot and a consent form to be returned to the school in the instance that they want to receive a vaccine. **Flu shots will be given Saturday, November 3rd from 8 am to noon for all students at the Hartford Elementary School.** Please consider having your children participate in this free flu clinic to help keep our school a little healthier this flu season.

In conjunction with the SDSU and USF nursing programs, the school will also be completing health screenings again on all 1-5 grade students. The assessments will cover height and weight, visual acuity, appearance of inner and outer ears and hearing, appearance of mouth and throat, blood pressure, heart rate and rhythm, breathing rate and lung sounds. All information will be kept confidential and parents will be notified of any abnormal findings. Heights and weights will also be reported to the state of South Dakota to aid in their ongoing obesity studies. No student names will be attached to the information sent to the state. Assessments will begin on October 30th and will continue over the course of the next couple months until all students have been assessed. Parents will be notified of any findings outside the normal limits.

If you have any questions or concerns regarding flu shots or elementary health screenings, please contact Rachel Sehr, the school nurse, at Rachel.Sehr@k12.sd.us or 528-3215, Ext 1333.

Absent Line

Parents: Please call the "absent line" if your child is not going to be at school - otherwise we need to call you by 9:00 am!

528-3215 (Press 2) as soon as the voice starts talking.

PTA NEWS

Upcoming Events

October 4th - Order forms for Ornament from Color Me Mine due with payment. \$6.00 per ornament.

October 20th - Create your own Ornament with Color Me Mine @ Middle School Multi Purpose Room 9 AM to Noon.

October 23rd - West Central Night at Carousel Skate 6:30 PM - 8:30 PM. Cost per skater is \$4.50 - Carousel Skate does not accept checks.

November 16th - Donuts for Dad's at Hartford and Humboldt Elementary 7:15 AM.

December 10th - PTA night at Pizza Ranch 4:30 PM - 8 PM

Special Fundraising Projects for 2012-2013

1. Reduce school supply list by providing **ALL** notebooks and

folders for the 2013-2014 school year.

2. Provide shin guards and soccer nets for the Humboldt and Hartford Elementary play grounds.

PTA annual membership is \$5.00. This year, members who activate their card will receive \$10.00 off a \$50.00 purchase at Office Max! Drop off your membership dues - along with a sheet of paper with your name, address, phone number, email address, and employer - at the school office or with your school's PTA representative.

Please feel free to email us

at: ptawestcentral@gmail.com for any suggestions or comments or visit our website at <http://westcentralpta.shutterfly.com> . We would love to hear from you!

Lifetouch Picture Retakes

Just a quick note to let you know that picture retakes will take place Tuesday, October 23rd beginning at 8:30 in the Hartford Elementary School. If you want your child's pictures taken over due to a company error, please send the first package along with your child on that day. The photographer will also take pictures of any student who didn't get their picture taken the first time. If you have any questions, please call Pam at 528-3215. Thank you!

PTA Meeting
Tuesday,
October 2nd
HS Library
7:00 pm

5TH ANNUAL PARENT

ENGAGEMENT

CONFERENCE

SAT. OCT. 27 - RAPID CITY

Together parents and educators have the power to promote children's well-being - today and for the future.

Parents and family members are the "forever" people in a child's life.

Parents shape their child's sense of self, others, and the world over the years and across the miles

**Best Western Ramkota - 8:30 a.m. registration
FREE CONFERENCE - All SD parents/ guardians invited**

Topics include: bullying, family financial literacy, activities and games for families, nutrition

Keynote starts 9 a.m. - Sessions conclude at 3 p.m.
Lunch will be served. Register online at
www.sdpirc.org/content/parents/conference.htm

Sponsored by:



South Dakota PIRC
Parent Information and Resource Center of Parents, Teachers, and Educators

For more information, contact Dawn Smith at
(605) 773-2535, dawnl.smith@state.sd.us
or lilaughlin@bhssc.tie.net, 800-219-6247.



SIoux EMPIRE UNITED WAY'S 12TH ANNUAL
READING FESTIVAL



Hooked on a Book

Under the Sea

SATURDAY, OCTOBER 20TH

9AM-12PM

RAMKOTA EXHIBIT HALL

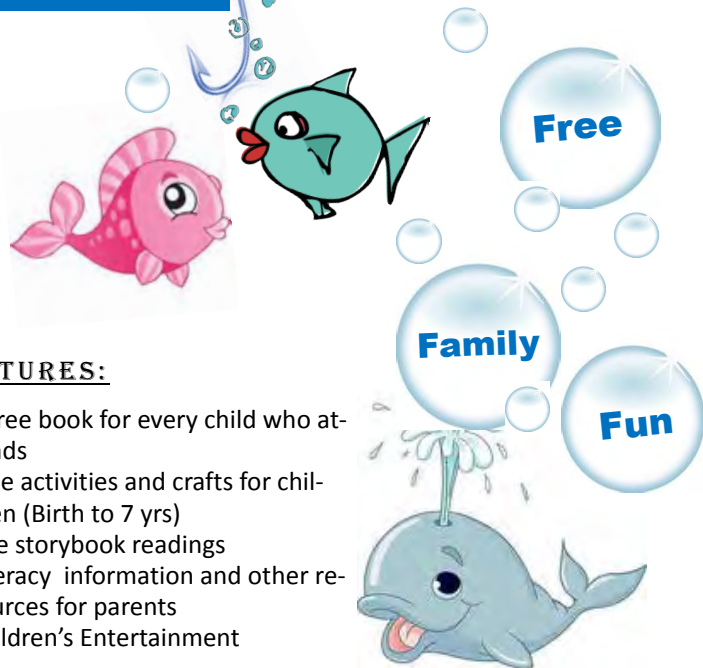
3200 W MAPLE ST

SIoux FALLS, SD



FEATURES:

- * A free book for every child who attends
- * Free activities and crafts for children (Birth to 7 yrs)
- * Live storybook readings
- * Literacy information and other resources for parents
- * Children's Entertainment



Please call Sioux Empire United Way at 605.336.2095 with any questions

Bus Safety

If a student rides a bus (and they don't normally ride a bus or that bus), a parent must send a note with the student or he/she will not be able to ride the bus. We do this because elementary students often confuse days and we need to know for sure that this is what they need to do. Thanks for your help!

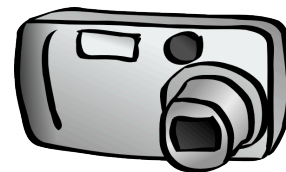


Picture Retakes

Tuesday, October 23rd

8:30 am

Please send the first packet if you feel there was a company error.



HOMECOMING

Everybody loves a parade! It was wonderful weather and another WC Homecoming win! Our theme was “Good Character Saves the World!” To the right, two students from each classroom show their super hero character!. The picture on the bottom right shows our own librarian, Mrs. Margeson using books to save the world!



Thanks to Sarah Weber for riding the Walking School Bus in the parade and taking over for Mrs. Tyler!



International Walk to School Day Wednesday, October 3rd

Through our Safe Routes to School grant, we will again be participating in the International Walk to School Day. Any student who walks or bikes to school will receive a bottle of water with a flavor packet, a wrist band saying “Hike It, Bike It, We Like It!, and an “I walked to school today” sticker. This includes any student in grades Kindergarten - Grade 5.

If you live out of town, you're welcome to drive your child to the high school and drop them off there. We do plan on our busses driving to the HS and dropping off the kids there. They will walk from the HS to the elementary with a teacher.

Let's keep these kids moving!!



The Logic Won't Happen Without the Love

How do we help our kids develop the type of cause-effect logic that leads to good decision-making? Is it by showing them how tough we are, or is it by showing them how much we love them as they experience the tough consequences of their poor decisions?

Our anger allows kids to blame us for the consequences of their poor decisions.

Our loving empathy forces them to blame themselves for these consequences.

If we're forgetting our sincere empathy, it will increase the odds that they'll lack the logical, commonsense reasoning required to stay safe in today's complex world.

Some reminders...

- **Lock in the empathy first!**

Before describing consequences, do your best to establish a sincere love connection with your child. Whenever appropriate, pair your words (e.g. "This is so sad.") with caring eye contact and touch.

This also applies to setting limits. Before saying, "You may have that toy when you can afford it," take a moment to show your love.

- **Delay the consequence when you're too angry to be empathetic.**

People who use Love and Logic aren't always sweet and sappy. Sometimes they put some steel in their voices and say, "I'm too angry right now to make a good decision about what you've done. We'll talk about it when I'm calm."

- **When it's over, it's over.**

There are few things more damaging to any relationship than taking out the trash...and then throwing it back inside through an open window! When kids experience consequences we must resist the urge to rub salt in the wounds by lecturing after the fact.

- **Use as few words as possible.**

The most effective people use very few words when things are going wrong.



Fall Festival Parties

As the first classroom party of the year approaches, students will be able to dress in costume for the parties on October 31st. Because of the age of our children, we are requesting storybook, sports, animals, famous people, super hero type of costumes. The scary kind of costume (devil, spook, any costume with a weapon) is not encouraged. We really do have children scared by these and we want everyone to have an enjoyable party.

On the same theme, we do have a costume parade through the gym at 2:30 that day. It's a good opportunity for all the kids to see each other and a photo opportunity for parents. Hope to see you there!

LIVING WITH WEST NILE...



Some of you have heard about my bout with West Nile and without droning on about health issues, I'll just tell you it stinks. I've probably

missed more days in September than I've been at school, but I consider myself one of the lucky ones. I'm on an upward mend, my co-workers are wonderful and picked up so many of my deadlines and duties, my family has picked up the slack at home and allowed me the needed rest time, the staff at Hartford Elementary have provided us with so much good food, and I feel rejuvenated every time I walk through the classrooms and see the kids and teachers and hear the buzz of learning.

I found it's hard for me to rest. My dad was a hard worker (okay, a workaholic) and I enjoy what I do. I seem to get lost in my work, much like my dad. My older sister said to me the other day, "You don't NOT work well, do you?" While not grammatically correct, you get the idea.

But I'm adapting. I notice more. Maybe realizing that I can't work myself to death (although some days it seemed like I tried) is a good realization to come to. The fall leaves are brighter than normal, the evenings crisp and wonderful. I call my kids more often and I have greater respect for what a nap can do for the body.

You may think by these realizations that I'll be slacking off now. Far from it. But I do plan to let my body dictate my hours for awhile and enjoy this beautiful fall!

- Mrs. Tyler

**Box Tops for Education**

Just clip, put in a baggie and return to school! There is also a drop box at Sunshine.

**Save Five for Schools**

Just wash these milk and juice lids and send to school in a baggie (or Sunshine). Watch for store specials! We need the WHOLE lid!

**Labels for Education**

This is not just Campbell's Soup Labels anymore! There are many products that qualify. Check it out at labelsforeducation.com. You can send labels to school with your child or drop in box @ Sunshine.

Cell Phones/Ink Cartridges

You can drop off old cell phones or ink cartridges and we can recycle and get money back. There is a box inside our front door.